Tracey Clarke

Founding Partner of COOCI Associates LLP
Neurological Rehabilitation Case Manager &
Registered General Nurse

Location: Aylesbury

Summary of patient expertise and specialist training:

Tracey is extensively experienced in the management of neurological injuries, having worked in neurological rehabilitation and management as a Registered Nurse for over 10 years before becoming a Case Manager in 2007. In addition to her clinical and managerial experience, Tracey has also completed a Bachelor's Degree in Neurological Rehabilitation.

Tracey's first-hand knowledge and training encompasses children, young adults and older adults with a range of neurological and/or spinal injuries, including many with significant additional medical complexities and in a range of settings and contexts.

As well as her experience as a Registered Nurse, Tracey is also a highly-trained, experienced and well-respected Case Manager. She is particularly skilled at assisting her clients psychologically, helping them mentally adjust to their injury challenges and supporting their emotional, as well as medical, needs. She is experienced in the following areas:

- Complete and incomplete spinal cord injuries, at differing levels of the spinal column
- Acquired Brain Injury including mild, moderate and severe
- Amputation
- Epilepsy
- Multiple Sclerosis
- Cerebral Palsy
- Complex mental health disorders and learning disorders
- Complex orthopaedic trauma
- Sensory impairments including visual and vestibular

Tracey has a knowledgeable, calm and confident approach, ensuring that her clients and their family feel safe in her hands. She quickly develops positive working relationships with her clients and their representatives and applies her skills and knowledge to overcome challenging circumstances.

Case Management skills:

The smooth running of any case is crucial for the comfort and wellbeing of our clients. Tracey's experience in proactively managing a case from the outset is second to none. Her skills include:

- Immediate Needs Assessments
- Case Management Action Plans and Progress Reports
- Understanding of the requirements of the litigation process
- Set-up and management of community care packages in a range of formats
- Safeguarding and Risk Assessment
- Working with clients under the Mental Capacity Act
- Managing challenging behaviours
- Welfare, Benefit and Disabled Facilities Grant applications
- Major adaptations to properties

Professional memberships and associations:

- Royal College of Nursing
- RCN Rehabilitation Nursing Forum
- Neurological Alliance
- UKMSSNA
- Member of BABICM

Qualification and Training:

Qualifications

- RGN Level 1 – Stoke Mandeville Hospital – qualified 1992
- ENB 998 – Teaching and Assessing in Clinical Practice
- Rehabilitation Degree – Oxford Brookes University
- Masters in Rehabilitation, Neurological Pathway – Oxford Brookes University
- Clinical Specialist Practitioner Award

Mandatory training including Basic Life Support completed.

Employment:

COOCI Associates LLP – Founding Partner Neurological Specialist Case Manager from 2009

- Set up COOCI Associates in partnership with a team of nurses and health care professionals, whilst managing a diverse caseload of complex clients
- Supported clients and families with a range of issues including major home modifications, setting up and managing community care teams, holiday arrangements, vehicle procurement, benefit applications, educational appeals, and returning to work
- Worked in situations with complex family dynamics
- Set up community rehabilitation and 24/7 care packages for clients who demonstrated challenging behaviour post Acquired Brain Injury, utilising Statutory Services where available

> **Example of client goal achievement:** *I am particularly proud of the progress made by one of my clients who, as a bilateral lower limb amputee, was able to walk down the aisle on his wedding day one year following his injury – after being told this would not be possible. I have also had the privilege of working with an incomplete spinal cord injured client who not only had to come to terms with his own life changing injuries but also experienced a number of other life changing events. By engaging the services of a multidisciplinary rehabilitation team, he achieved his goal of being able to participate in skiing and go on to enjoy a meaningful and fulfilling life.*

Bush and Company – Neurological Specialist Case Manager – 2007-2009

- Carrying out immediate Needs Assessments
- Providing Case Management to clients with a range of complex neurological and orthopaedic conditions

The John Radcliffe Hospital, Oxford – Multiple Sclerosis Clinical Nurse Specialist

- Overseeing follow-up clinics for patients
- Managing telephone enquires
- Discharge planning
- Working as part of a multidisciplinary team
- Participation in the running of clinical trials
- Provided training to the nursing degree students

Royal Buckinghamshire Hospital – Neurological Nurse Consultant

- Screening of new referrals
- Carrying out new client assessments
- Implementation of rehabilitation programmes as part of a neurological rehabilitation team
- Training and support to clinical staff

Milton Keynes Primary Care Trust – Brain Injury Clinical Specialist

- Assessed and monitored brain injury clients from their in-patient rehabilitation through to out-patient and on to vocational rehabilitation
- Worked within the countrywide strategy for brain injury, including review and assessment for tertiary referrals. This included ongoing review and Multidisciplinary Assessments. Also, presenting cases to the countrywide panel for brain injury
- Researched suitable in-patient placements, setting up and regularly reviewing rehabilitation packages, both in the NHS and private settings (community and acute care), and care planned for complex brain injured clients
- Worked closely with the Care Manager
- Actively involved in running regular educational groups which included areas such as family support and cognitive therapy and vocational programmes

South Bucks Primary Care Trust – Modern Matron

- Management of 2 community hospitals
- Developing rehabilitation services aimed at decreasing acute hospital admissions

DxU Limited – Clinical Training Manager

Vale of Aylesbury Primary Care Trust, Rayners Hedge – Community Stroke Co-ordinator, and RGN G Grade

Rayners Hedge Rehabilitation Unit – Primary Nurse F Grade

Rayners Hedge Rehabilitation Unit – Associate Nurse E Grade

Stoke Mandeville Hospital – Staff Nurse E Grade Trauma and Orthopaedic Ward

Chiltern Hospital – Staff Nurse E Grade

Stoke Mandeville Hospital – Staff Nurse D (then promoted to E) Grade, Orthopaedics and Trauma

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