Claire Jakeman

Rehabilitation Case Manager &
Registered Nurse

Location: Aylesbury

Summary of client expertise and specialist training:

Claire has specialised in working with clients who have complex health needs in the community across her career as a registered nurse. Claire is an experienced nurse, trained and competent in clinical areas such as manual handling, safeguarding vulnerable adults, basic life support, infection control, equality and diversity. She is passionate about re-integrating people into the community, including supporting her clients into secure and sustainable vocation, education or employment.

Claire's first-hand knowledge and training encompasses children, young adults and older adults with a range of neurological and health issues, including many with significant additional medical complexities.

Claire is experienced in the following areas:

- Brain injuries – mild, moderate and severe
- Spinal Cord Injuries
- Cauda Equina injuries
- Cerebral Palsy
- Multiple trauma and complex orthopaedic injuries
- Tracheostomy care
- Learning disabilities
- Stroke
- Mental health disorders
- MS
- Parkinsons
- MND
- Cancers and life limiting conditions.
- Respiratory– Heart failure etc

Claire has a practical, reassuring and honest approach, ensuring her clients and their families feel secure in her hands. She works well to deadlines while also remaining flexible to the needs of the client and has excellent organisational skills.

Claire has a comprehensive understanding of the Mental Capacity Act, she has also completed training and been signed off as competent in completing DNACPR forms.

Case Management skills:

Claire's skills and experience include:

- Immediate needs assessments
- Case management action plans and progress reports
- Understanding of the requirements of the litigation process
- Set-up and management of community care programmes in a variety of contexts
- Safeguarding and risk assessment
- Working with those impacted by the Mental Capacity Act and / or Deprivation of Liberty
- Benefit applications and appeals
- Accommodation adaptations

Professional registrations and memberships:

- Royal College of Nursing
- Nursing and Midwifery Council
- BABICM

Qualifications and Training:

- **Adult Nursing Diploma – University of Surrey**

Mandatory/ other training:

- **European Certificate in Essential Palliative Care - 8-week course**
- **Mandatory training completed yearly in each role.**
- **Mentorship Course plus updates**
- **Advanced Communication Skills 2-day course + DNARCPR competency**
- **VOED (verification of expected death) training and competency**

Life Support Training:

- Basic Life Support Training, Theory and Practical

Employment:

COOCI Associates from 2024 - Rehabilitation Case Manager

- Immediate Needs Assessments
- Case Management for clients with complex disability
- Co-ordination of multidisciplinary teams
- Setting up, co-ordination and management of care packages
- Supporting clients and families with a range of issues including accommodation adaptations, setting up and managing community care teams, holiday arrangements, vehicle procurement, benefit applications, educational appeals and returning to work
- Experience of paediatric, adolescent and adult cases

Associate Clinical Lead (ACL)
HomeLink Healthcare
September 2023- January 2024

- Day to day running of POC service.
- Assessing patients for their appropriateness to be on service
- Liaising with wider MDT for referrals
- Accepting of referrals and adding patients to computer system
- Staffing levels on daily basis
- Managing staff
- Managing staff absence
- Discharging patients
- Attending MDT meetings to find new patients for service.

Community Nurse
HomeLink Healthcare
Jan 2023 – September 2023

- Supporting patients with ADL
- Assisting with medications
- Completing assessments and discharges
- Liaising with wider MDT to ensure patients' needs are met at home.
- Supporting families
- Ensuring Holistic care
- Hospital avoidance

Band 6 Community Nurse
The Hospice of St Francis –2019-2023

- Supporting patients and their families in their own homes and as outpatients
- Maintaining holistic care
- Help to manage their symptoms as they arise.
- Supporting patients to meet their PPC and PPD's
- Administering medications and setting up and renewing CSCI's when needed
- Liaising with the wider MDT who is involved in the patient's care, i.e., specialist nurse at hospital, GP.
- Attend monthly GP meetings to discuss patients on our caseloads.
- Refer patients to relevant services i.e., complimentary therapy, counselling this included referring family members when needed.
- Visiting patients and reviewing them, also talking to patients on the phone
- Responding to emergencies when needed.
- Completing initial assessments to identify patients' needs and completing discharges when our services no longer needed.
- Completing DNARCPR forms and VOED paperwork

Band 6 Senior Staff Nurse
The Hospice of St Francis – Inpatient Unit
2018 – 2019

Band 5 Staff Nurse
The Hospice of St Francis – Inpatient Unit
October 2014 – 2018

- Helping patients with ADL's
- Supporting patients and their families
- Looking after patients before and during the last days of their lives
- Helping to support patient with improving their symptoms.
- Administering medications, including setting up and renewing CSCIs, and IVs
- Completing admissions and discharges
- Supporting patients to manage their long-term health conditions.
- Participating in MDT and care planning meetings

- Working closely with the wider MDT to provide holistic care.
- Overseeing the unit when ward sister not available including arranging admissions, supporting team members, handovers to doctors. Managing staffing and sickness. **Chairing** MDT meetings. Attending weekly Monday meeting with other palliative care providers.
- Complete work rota
- Line manager nurses and HCA's.
- Completing DNARCPR forms and VOED paperwork

Band 5 Staff Nurse
Sobell House Hospice - Oxford University Hospitals
February 2013- October 2014

- Helping patients with ADL's
- Supporting patients and their families
- Looking after patients before and during the last days of their lives
- Helping to support patient with improving their symptoms.
- Administering medications, including setting up and renewing CSCIs, and IVs
- Completing admissions and discharges
- Supporting patients to manage their long-term health conditions.

Newly qualified Band 5 nurse
Neurosciences Ward - Oxford university Hospitals
October 2011- February 2013

- Helping patients with ADLs
- Supporting patients and their families
- Supporting patients pre and post op
- Maintaining post op instructions i.e. monitoring drains hourly, neurological observations, post op wounds and pain management
- Administering medications including IVs
- Looking after more complex patient in the high dependency unit, i.e., tracheostomy
- Completing admission and discharges
- Working on both the neurosurgical and neurology sides of the unit.

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