Adrienne Capener

Neurological Rehabilitation Case Manager &
Registered Occupational Therapist

Location: Cheltenham, Gloucestershire

Summary of patient expertise and specialist training:

Prior to working as a Case Manager, Adrienne has practiced as a highly experienced and senior Occupational Therapist. She graduated from the University of Southampton in 2002 with a Degree in Occupational Therapy and has since worked in public, private and charitable settings.

Adrienne has specialised in neurological settings for the past 20 years and specifically in complex brain injury. She has experience of working as part of a multidisciplinary team. She has been able to build excellent working relationships with external agencies wherever she has worked.

Adrienne has experience in assessment for basic and complex equipment including seating and postural management, moving and handling and functional rehabilitation.

Adrienne is committed to enhancing her clients' independence and quality of life and is able to identify and problem solve areas of need in functional activities through a collaborative approach with clients and their families.

Adrienne has over 20 years' experience working with clients who have experienced:

- Spinal cord injury (both complete and incomplete injures, ventilated and non-ventilated, adults)
- Brain injury
- Stroke
- MS
- MND
- Huntington's Disease

Adrienne has a calm approach, ensuring that her clients and their family feel confident working with her. She quickly develops positive working relationships with her clients and applies her skills and knowledge to overcome challenging circumstances.

Case management skills:

The smooth running of any case is crucial for the comfort and well-being of our clients. Adrienne's clinical experience enables her to manage her cases in a highly professional and proactive manner to obtain the best possible outcomes for her clients. Her skills include:

- Immediate Needs Assessments
- Case Management Action Plans and Progress Reports
- Understanding of the requirements of the litigation process
- Utilising sports and recreational activities to benefit her clients
- Set-up and management of community care packages
- Safeguarding and Risk Assessment
- Mental Capacity Act

Professional registrations and memberships:

- Health care Professions Council Registered
- Royal College of Occupational Therapy
- SMART accredited assessor.
- Member of British Association of Brain Injury & complex Case Management.

Qualification and Training:

Qualifications

- BSc Hons Occupational Therapy 2:2 (1999-2002)
- Accredited SMART assessor- expert level

Mandatory Training and Basic Life Support completed

Employment:

COOCI Associates from November 2024 – Neurological Rehabilitation Case manager

- Supporting Clients to optimise their functional abilities and quality of life.

NHS – Gloucestershire hospital Trust
Band 7 Clinical Specialist Occupational Therapist – November 2023- June 2024

- Assessing and treating patients following stroke
- Identify appropriate pathways- Home with community team, Stroke Rehabilitation Unit, Discharge to Assess Bed.
- Support junior members of the team via joint sessions, supervision and training, Band 7 PT to manage the team- sick leave and annual leave.
- Service develops- groups, supporting new roles of discharge co-ordinator.
- Having and overview of both the acute stroke unit and HASU.
- Supporting therapy management in the running of the services
- Supporting other teams as required.

The Dean Neurological Centre
Therapy Manager/senior OT- June 2022- October 2023

- Assessment and identification of appropriate therapy package of potential new admissions.
- Attendance at admissions and discharges meetings- updating SLT and nursing re any discharges, liaison/ supporting with nursing staff about changes to 1:1 care provision.
- Attendance at monthly quality improvement and governance meetings/ leadership meetings- feeding back and implementing any actions relevant to therapy.
- Lead the development of the service.
- Performance management.
- Supervision of senior and junior therapists and therapy assistants as appropriate.
- Assessing and setting up treatment blocks for residents.
- Leading on SMART developments within the service.
- Supporting the training of care staff and therapy staff to ensure a high-quality service.
- Close liaison and building relationship with external agencies particularly ICB, Social services, Wheelchair Service, Environmental Control Services.

Health Care- The Dean neurological Centre
Senior Occupational Therapist (Bank July 2014-October 2014) permanent October 2014- June 2022

- Assessment and treatment of residents with a wide range of Neurological conditions (ensuring physical, cognitive impairments and emotional needs are addressed).
- Supporting discharges back into the community.
- Working as part of an interdisciplinary team, with a strong understanding of how to maximise the inputs from each discipline for effective outcomes.
- Supporting care staff and ensuring residents functional abilities are optimised.
- Working closely and liaising with outside agencies, including funders, wheelchair services, social services.

Krysalis consultancy
Bank Senior Neuro-Occupational Therapist - July 2014- October 2014

- Assessing clients with a wide range of neurological conditions- spinal cord injuries, head injuries, stroke and developing holistic client centred treatment programmes, with smart goals
- Writing reports for multiple stake holders- funders, insurance companies.
- Liaising with other agencies involved in the residents' care and onward referral where appropriate- wheelchair service, ECU teams, Private Physiotherapists

Royal Hospital for Neuro-disability, Putney, London
Acting Clinical Specialist- June 2012-March 2014

- Lead Occupational Therapist in Splint Clinic and assisting with occupational therapy in the implementation of upper limb rehabilitation, stock management and ordering, maintaining own and others' knowledge of up to date theory and practical practice.
- Assisting part of the Spasticity Clinic- assisting clinicians in developing their knowledge and expertise in assessing and managing tone.
- Lead SMART assessor (obtained Expert SMART assessor status) within the hospital. Responsible for leading and organising the day to day running of SMART within the hospital and training others internal/external.
- Expert input into a number of working parties- SMART development FES, Best Practice, Tone Clinic, Splint Clinic, and rehabilitation of the upper limb.
- Presenting at forums and conferences.
- Lead OT for the Huntington's Disease Service.

Royal Hospital for Neuro-disability, Putney, London
Senior I Occupational Therapist- Huntington's Disease Service May 2008-June 2012

- Responsibility for the assessment and treatment of patients with Huntington's disease.
- Ensure that clients functional abilities are fully assessed and optimising and supporting discharges.
- Assisting in the identification and implementation of an appropriate behaviour management programme.
- Participating in the development of Huntington's Disease service- taking a lead role in the environmental redesign of the ward environment.
- Being an active member of the OT standards of care working party as part of the European Huntington's Disease Network (EHND).
- Working with the MDT to implement a training package for HCA in the management of Patients with HD- Mobility, Postural management- Bed positioning, splinting and wheelchair

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