

Susana Carneira

Rehabilitation Case Manager &
Registered General Nurse

Location: Aylesbury

Summary of client expertise and specialist training:

Throughout her career as a registered nurse Susana has focused her expertise on providing comprehensive care to clients in the community with complex health care needs. Her main goal is to develop plans of care and advocate for clients in view of their reintegration back into the community ensuring their transition into stable and sustainable vocational, educational or employment opportunities.

Susana's first-hand knowledge and training encompasses children, young adults and older adults with a range of neurological and mental health issues, including many with significant additional medical complexities. She is experienced in the following areas:

- Brain injuries – mild, moderate and severe
- Mental health disorders
- Learning disorders / learning difficulties
- Multiple trauma

Susana has a practical, reassuring and honest approach, ensuring her clients and their families feel secure in her hands. She works well to deadlines while also remaining flexible to the needs of the client. She has contributed to positive business results through effective organisation, prioritisation and follow-through of key organisational projects.

Case Management skills:

Susana's skills and experience include:

- Immediate Needs Assessments
- Case Management Action Plans and Progress Reports
- Understanding of the requirements of the litigation process
- Set-up and management of community care programmes in a variety of contexts
- Safeguarding and risk assessment
- Working with those impacted by the Mental Capacity Act and / or Deprivation of Liberty
- Education appeals
- Benefit applications and appeals
- Return to work
- Holiday arrangements
- Accommodation adaptations

Professional memberships and associations:

- Royal College of Nursing
- Nursing and Midwifery Council



Qualifications and Training:

Qualifications

- Post-Graduation in Health Sciences – University of East Anglia (2019-2020)
- Degree in Nursing in Nursing – ESE Lisbon (2010-2014)

Training from Redcrier (certificates all current)

- Communication
- Fire Safety and Awareness
- Safeguarding Adults
- Infection Control
- Health and Safety
- Diet and Nutrition
- Food Hygiene and Safety
- COSHH
- Challenging Behaviour
- Record Keeping
- Dignity and Respect
- Equality and Diversity
- Theory of Moving & Handling Moving Objects
- Mental Capacity Act 2005 and Deprivation of Liberty Safeguards (DoLS)
- Risk Assessment

Life Support Training:

- Immediate Life Support Training, Theory and Practical

Other training:

- East of England Critical Care Network – Chelmsford, Adult Critical Care Transfer Training Course 2019
- University of Essex – Colchester, Mentorship in Nursing Course 2019
- University of Essex – Colchester, Management of the Acutely Ill Adult 2018

Employment:

COOCI Associates – from 2023 - Rehabilitation Case Manager

- Immediate Needs Assessments
- Case Management for clients with complex disability
- Co-ordination of multidisciplinary teams
- Setting up, co-ordination and management of care packages
- Supporting clients and families with a range of issues including accommodation adaptations, setting up and managing community care teams, holiday arrangements, vehicle procurement, benefit applications, educational appeals, and returning to work
- Experience of adolescent and adult cases

Atos Healthcare –Disability Assessor – July 2022 – August 2023

- Completion of functional assessments on a wide variety of physical, mental health and learning problems in relation to Personal Independence Payments (PIP)
- Experience in the assessment of acquired brain injuries, strokes, spinal injuries, cerebral palsy, learning difficulties and complex physical and mental health problems. Advice was then given regarding the likely level of function with activities of daily living

- Compilation of concise reports using evidence gathered prior to and during the assessment, within the criteria set out by the Department of Works and Pensions (DWP)

Mid and South Essex Hospital – Clinical Facilitator Sister Department of Critical Care – October 2021 – July 2022

- Supervised and facilitate integration of new staff members to critical care
- Developed competencies of leadership and management
- Participated in education programs courses to enhance training and nursing knowledge
- Provide education and support to clinical staff to facilitate and act as preceptors for students on placement
- Assess nursing staff in their development in the critical care pathway, including formative and summative assessments
- Identification of training needs of the nursing team and developing strategies to meet these needs
- Co-ordination and development of education policies and protocols
- Liaison with education providers and teaching on pre and post registration nursing programmes and programmes for other health and social care professionals

Mid and South Essex Hospital – Senior Registered Nurse Department of Critical Care – December 2020 – October 2021

- Care for patients undergoing neurological disorders, complex physical conditions, trauma, medical and surgical emergencies and mental health conditions
- Liaising and working in close collaboration with health and social care professionals to ensure appropriate care and provision given to the patients
- Developed competencies of leadership and management
- Participated in education programs courses to enhance training and nursing knowledge
- Care planning
- Clinical supervision

Mid and South Essex Hospital – Registered Nurse Department of Critical Care – January 2016 – December 2020

- Care for patients undergoing neurological disorders, complex physical conditions, trauma, medical and surgical emergencies and mental health conditions
- Coordinated with healthcare team to establish, enact and evaluate patient care plans
- Advocated for patient needs with interdisciplinary team, including health and social care, and implemented outlined treatment plans

- Responded to emergency situations with speed, expertise and level-headed approaches to provide optimal care, support and life-saving interventions.
- Care planning
- Discharge planning

Mid and South Essex Hospital – Registered Nurse Department of Surgical Upper and Lower Gastroenterology – November 2014 – January 2016

- Care of patients on an acute surgical ward specialising in gastroenterology and complex surgical concerns
- Helped patients and families feel comfortable during challenging and stressful situations, promoting recovery
- Liaising with multidisciplinary teams
- Complex care planning
- Complex discharge planning

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