

# Linda Hubbard RGN, BSc

Neurological Rehabilitation Case Manager & Registered General Nurse

**Location: East Sussex** 

# Summary of client expertise and specialist training:

Prior to working as a Case Manager, Linda worked as a Nurse Case Manager within the NHS in Continuing Health Care and within the Private Sector. She has over 30 years' experience as a Specialist Community Practitioner. Linda is a Registered General Nurse and a Nurse prescriber. Linda works with both adults and children in the community covering a wide diversity of disabilities, palliative care and varying health needs. Currently, Linda supports clients that have had catastrophic brain injuries. Linda has experience in procuring care for clients in their homes with local agencies and directly employed staff. She implements care plans and monitors care.

Linda's first-hand extensive knowledge and training encompasses children, young adults and older adults with a range of neurological injuries, including many with significant additional medical complexities. Linda is able to work autonomously in supporting clients and their families and has worked with many rehabilitation centres across the country. She believes in a holistic care approach and enjoys supporting clients and their families with goal based measurable outcomes to achieve the best care possible.

Linda has experience in working with clients who have:

- Brain injury
- Spinal cord injury
- Cerebral Palsy
- Multiple trauma, including amputation
- Behavioural and learning disabilities

Linda has clinical exposure and experience working with clients with:

- Neurological conditions, including MS, parkinson's, dementia
- Adult and children tracheostomy and ventilation
- Palliative care
- Long term chronic and life limiting conditions
- Continuing healthcare assessments and appeals
- Adult and children safeguarding

Linda provides a sensitive compassionate approach to her clients and their family, ensuring that her clients and their family feel confident working with her. She quickly develops positive working relationships with her clients and applies her skills and knowledge to overcome challenging circumstances.

### Case Management skills:

The smooth running of any case is crucial for the comfort and well-being of our clients. Linda's clinical experience enables her to manage her cases in a highly professional and proactive manner in order to obtain the best possible outcomes for her clients. Her skills include:



- Immediate Needs Assessments
- Case Management Action Plans and Progress Reports
- Understanding of the requirements of the litigation process
- Set-up and management of community care packages
- Safeguarding and risk assessment
- Mental Capacity Act
- Managing challenging behaviours

#### Professional memberships and associations

- Nursing and Midwifery Council Member
- Royal College of Nursing Member
- Member of Posture & Mobility Group
- BABICM Member



## **Qualifications and Training:**

#### Qualifications

- Registered general Nurse, Worthing and Southlands School of Nursing 1977
- District Nurse Certificate, Oxford School of Nursing, 1979
- Practical Work Teachers' Certificate, Reading university, 1979
- Nurse Prescriber, Conquest Hospital Hastings, 2003
- BSc Open university, 2007, Social Science

Mandatory Training including Basic Life Support, Adult and Children's Safeguarding and Mental Capacity completed in January 2021

### **Employment:**

Linda has worked as a self-employed Litigation Case Manager since 2018 working for several companies and as an Independent Case Manager up until the present time

#### **Case Management experience:**

- Initial Case Management Assessments
- Coordinating therapists
- Coordinating care teams
- Supporting families
- Liaising with schools, EHCP's
- Ongoing care of clients
- Continuing Healthcare appeals and funding
- Procuring equipment
- Arranging breaks and holidays
- Assisting with accommodation
- Assistance with employment
- Benefit reviews/Blue Badge applications
- Liaising with Solicitors



#### Expert Witness, Maggie Sargent Associates - May 2018 remains current

• Expert Witness reports, specialising in Continuing Healthcare

### Case Manager Continuing Health Care Hastings and Rother CCG June 2014 to May 2018

- Case managing complex clients that were eligible for CHC funding
- Arranging Personal Health budgets
- Procuring care teams and live-in-carers
- Managing complex needs
- Safeguarding adults
- Benefit reviews
- Multidisciplinary Team working

# Children Safeguarding Nurse Maidstone and Tunbridge Wells Hospitals January 2014 to June 2014

- Monitored all child admissions through Accident and Emergency Department
- Involved in multi-disciplinary meetings regarding child injury and neglect
- Presentation of mandatory training for all staff
- Liaising and referring to Children's Social Services and Health Visitors
- Checking all casualty cards for frequent attendance and injuries

# Specialist Nurse Advisor Early Support Dartford and Gravesham Health Authority November 2012 to January 2014

- Part of an Integrated Therapy Team Darent Valley Hospital for disabled children
- Arranging team Around the Child meetings
- Safeguarding Lead for the team
- Working with Sure Start centres
- Working with voluntary groups for disabled children
- Liaising with Special Needs Schools
- Liaising with Social Services
- Applying for DLA for families
- Working with Ellenor Lions Hospice Team
- Attendance at local hospitals and London hospitals for MDT meetings, planning discharges
- Coordinating care for children
- Supporting families

#### Paediatric Community Nurse Oxley Health Care Bexleyheath August 2011 to November 2012

- Caring for children's complex health needs
- Tracheostomy and ventilated care
- End of Life care
- Liaising with hospitals and Health Visitors
- All aspects of children's community nursing
- Liaising with schools and Social Services
- Caring for children with disabilities and genetic disorders
- Safeguarding children
- Supporting families



Prior to this, throughout her career, Linda has worked as a Specialist Community Practitioner caring for adults and children in Oxford, Berkshire and East Sussex. She had a three year career break when her family had a posting to The British Embassy in Washington DC.

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